

سورة الشرح

29 جمادي الآخرة 1439
16.3.18

Surah Ash-Sharh is سورة مكية, revealed in Makkah, at a time when the Messenger of Allah صلى الله عليه وسلم was facing so many trials through the disbelievers.

محور الرئيسي

نعم الله على نبيه صلى الله عليه وسلم

افضل نعمة يعيش بها العبد بعد الايمان



في الدنيا

انشرح الصدر

1 لا يحزن ما فاته

2 لا يغم لما يصيبه

3 لا يقلق لما ينتظره

في الآخرة

غفران الذنوب



The main theme of the surah is the blessings of Allah upon His Messenger صلى الله عليه وسلم. The chest can be tightened and expanded. This is in the hands of Allah. The Messenger of Allah صلى الله عليه وسلم was facing difficulties which led to a tightening of his chest. The greatest blessing after faith is إنشراح الصدر, the opening of the chest. When the chest is expanded, the person will :

- not grieve for what befalls Him
- not be sad of what happens to him
- not worry about what awaits him

The opening of the chest is one of the greatest blessings in dunya. The greatest blessing of the akhirah is forgiveness of sins.

There are three blessings mentioned in the surah.

■ Allah took care of the feelings of the Messenger of Allah صلى الله عليه وسلم, uplifting him emotionally. When Allah opens the chest to accommodate the words of Allah, His commandments, accepting the legislation of the deen more and more, this is in readiness of good deeds, to take more of الرسول وقال الله. Thinking of the akhirah is a means of opening of the chest. If the chest is tightened, there is no room for anything, and the person cannot do any good.

When Allah commanded Musa عليه السلام to go to Firawn, this was a very heavy command, point of change, to go to a higher level, so Musa عليه السلام asked Allah to open his chest so that he could fulfill it. We need Allah for this, we can't move higher without the help of Allah.

■ Sins are a heavy burden, a great load to carry on your back. Sins make you heavy and are a reason for sadness and grief, worry and anxiety. Allah

قَالَ رَبِّ اشْرَحْ لِي صَدْرِي
[Musa] said, "My Lord,
expand for me my breast
[with assurance]
وَيَسِّرْ لِي أَمْرِي

And ease for me my task

سورة طه
20:25-26

removed the sins from the Messenger of Allah صلى الله عليه وسلم. There were no apparent sins, but surely there is no one on earth without sins.

Imagine this is the Messenger of Allah صلى الله عليه وسلم, so what about us? We must be carrying such back breaking loads on our backs. The Messenger of Allah صلى الله عليه وسلم was blessed by Allah that He took away this load from his back.

All the ayaat focus on the self. Allah didn't mention the disbelievers at all. Focus on yourself. All the ayaat are an address, in singular form. If you want the opening, look at yourself. Think of your sins, and ask forgiveness. This will reset your system, and return your balance. When you go deep into yourself, this is the way to overcome hardship and difficulties. All the ayaat are specified, for the Messenger of Allah صلى الله عليه وسلم, and whoever reads the Qura'an.

■ Allah elevated the remembrance of the Messenger of Allah صلى الله عليه وسلم. Allah exalted the position and praises of the Messenger of Allah صلى الله عليه وسلم. The disbelievers mocked him, harmed him, but Allah made him reach a position which no human being can reach.

This is specifically for the Messenger of Allah صلى الله عليه وسلم, that's why Allah says لك, for you. But the whole Qura'an is for us. This is how Allah deals with His slaves. The disbelievers can try to malign them, but Allah elevated the believers. No one can reach the level of remembrance at which the Messenger of Allah صلى الله عليه وسلم is. His name is mentioned with Allah, in the shahadah, the adhan, the iqamah, the khutbah. Even the disbelievers admire his success and discuss the effectiveness of his practices. He is the most well known human being.

The ease is surrounded by the hardship. It is defined and circled, highlighted in the middle of the hardship. The solution is in the midst of the difficulty. The hardship is accompanied with the ease. The يسر will automatically be with the عسر, even in the middle of a hole. This is a conformation from Allah. The solution comes with the problem. This is a glad tiding.

There is an action required from us, the duty of the Messenger of Allah صلى الله عليه وسلم and all of us. Allah disclosed it to us, although it is mentioned specifically for the Messenger of Allah صلى الله عليه وسلم, so that we can follow it, and benefit from it. This is the beauty of our deen, everything is accessible for everyone.

After شرح الصدر, what is required? When you finish your duties and distractions, make jihad with yourself. Make an effort to be involved with worship. This is one way of overcoming the tightness. The people of dunya will go for a run, life weights, so that their hormones are released. For us, what should we do in our free time? Do more worship.

Make du'a and istighfar. Allah will forgive your sins and elevate you in ranks. Attach to Allah. This is the way to move forward. Make an effort, struggle with worship. Then there will be no place for sadness. When you go towards Allah, there is only happiness. Make du'a with eagerness and hope. The heart will then open to accept the decree.

