

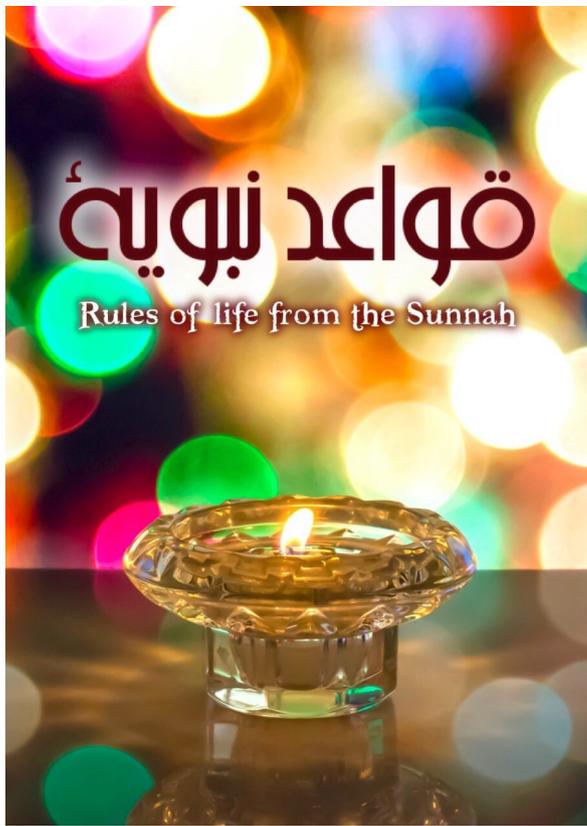
Rules for Life from the Sunnah

9 ذو القعدة 1438

1.8.17

القاعدة العشرون

أَحْرِصْ عَلَى مَا يَنْفَعُكَ وَاسْتَعِذْ بِاللَّهِ وَلَا تَعْزِزْ
cherish that which gives you benefit (in the Hereafter)
and seek help from Allah and do not lose heart



The Messenger of Allah صلى الله عليه وسلم said :
المؤمن القوي خير وأحب إلى الله من المؤمن الضعيف
وفي كل خير احرص على ما ينفعك واستعن بالله ولا
تعجز وإن أصابك شيء فلا تقل لو أني فعلت كان كذا
وكذا . ولكن قل قدر الله وما شاء فعل فإن لو تفتح عمل
الشيطان

A strong believer is better and is more lovable to Allah than a weak believer, and there is good in everyone, (but) cherish that which gives you benefit (in the Hereafter) and seek help from Allah and do not lose heart, and if anything (in the form of trouble) comes to you, don't say: If I had not done that, it would not have happened so and so, but say: Allah did that what He had ordained to do and your" if" opens the (gate) for the Satan.

صحيح مسلم ، حديث #2664

This includes things which are beneficial for you in dunya and akhirah. We cannot only think of deen, otherwise the body will be affected, and you won't be able to move forward. We are made up of body and soul. Your body is upon which your soul mounts.

Your happiness is when you are guided and motivated for both dunya and akhirah. When you are lazy, you feel depressed, like a failure, disappointed with yourself.

When you are productive you are happy. This hadith keeps you motivated. Don't be without a job in life; work hard on one job after another. The Messenger of Allah صلى الله عليه وسلم always encouraged people to be productive in any way they could, and not lead useless lives.

1 هذه قاعدة احتوت على سعادة الدنيا و الآخرة

2 الامور النافعة

الدين الدنيا

3 السعادة = الحرص على الامور النافعة في الدين و الدنيا

4 الخسارة و الخيبة = الكسل

5 الامور النافعة في الدين

علم نافع عمل صالح

يقرب الى الله يزيد الايمان
مخلصا و متبعا مقبول

6 ابن القيم امره بالحرص على الاسباب

2 الاستعانة بالمسبب

3 نهاء عن العجز

7 العجز > تقصير في الاسباب

تقصير في الاستعانة

8 احرص على ما ينفعك ودع كلام الناس فانه لا

سبيل الى السلامة من السنة الناس

9 من عرف نفسه لم يضره ما قال الناس فيه

10 القاعدة لتطوير النفس

11 القاعدة تجعل للانسان قيمة

12 اختيار النافع من الاقوال و الافعال و المشاريع

1 العلم

2 الاستشارة

3 ان يعلم العبد ان ما ينفع فلان قد لا

ينفعه

13 قسم الاعمال كما قسم الارزاق

14 مواهب الناس منوعة

15 لا تقتل مواهبك بتقصص الاخرين

فَإِذَا فَرَغْتَ فَانصَبْ

So when you have finished
[your duties], then stand up

[for worship]

وَإِلَىٰ رَبِّكَ فَارْغَبْ

And to your Lord direct
[your] longing

سورة الشرح

94:7-8

There are benefits in dunya and deen, and both bring happiness. Laziness is the head of all tightness and misery and failure. For dunya we ask Allah to help us, guide us to something which improves and is beneficial to society, our homes, our lives in general.

The benefit in deen is based on beneficial knowledge and righteous deeds. For dunya, it is straightforward. But for deen, not everything which looks good is beneficial. The bid'ah or innovations look so attractive, but they are unacceptable. The beneficial knowledge increases the faith and teaches you what is the correct deed, and the conditions which make it acceptable, which are sincerity in the deed, while following the way of the Messenger of Allah صلى الله عليه وسلم.

Ibn Al-Qayyim said that this hadith is a command to be motivated, take the means, and rely on Allah; don't disable yourself, don't give up, don't lose your motivation. Disability can be in two ways, either with a lack of means, or a lack of reliance. In any field in life, take your matters with eagerness. Keep moving, don't give up, have self-motivation. When you take the hadith and the ayah, this will make society so advanced. We need the inner voice of قال الله وقال الرسول .

Apply this hadith for anything in life. If you want to apply any worship, or even for some dunya matter, don't rely on yourself, depend on Allah, and move forward.

Imam Ash-Shafi advised to be eager for what benefits you, and ignore what people say, because there is no escape from the tongues of people. So disregard this, don't think of people, they will talk regardless of what you do or don't do. If you care about what people will say, you will not achieve anything. Accept the fact that you can't stop them from talking, so don't pay any attention to them. They will try to discourage you from acquiring knowledge, acting upon a worship, matters of dunya. Even if people encourage you, this is not the way, you must be self motivated. Make istikharah, take advice, and go ahead with the matter. When you listen to everyone, you are quickly discouraged.

Malik Bin Dinar said that if you know yourself, and are confident with what you are doing, you will not be harmed by the comments of the people. Don't be demotivated by what people say, they are a test. Be confident, and rely on Allah, then Allah will guide you and give you happiness. You are a free person when you rely on Allah. You must improve and develop yourself. You cannot remain on the same level, you must upgrade yourself. Allah has given you this ability, and subjected the universe to you. Allah made the angels prostrate to your father Aadam عليه السلام. This does not, however, mean that you become proud and arrogant. Rely on Allah for all achievements, not yourself, nor the means.

The Messenger of Allah صلى الله عليه

said :

إِنَّ اللَّهَ تَعَالَىٰ قَسَمَ بَيْنَكُمْ أَخْلَاقَكُمْ، كَمَا قَسَمَ
بَيْنَكُمْ أَرْزَاقَكُمْ

Allah Almighty shared out your
character between you as He divided
your provision between you.

الأدب المفرد ، كتاب #1 ، حديث #275

This principle will aid you in self development, you will have a value in society. You must acquire beneficial knowledge to know what is beneficial for you. Taking the advice of those you trust also helps in this. Some matter which is beneficial for one person may be harmful for another, because we are all different, with different talents and strengths. Someone can wake up for Qiyam easily, while another fast often; one can acquire knowledge, another can make da'awah. These strengths are not all the same pattern, they are distributed by Allah like the provision, so don't feel inferior to anyone. We must apply and embrace these differences.

Allah will surely show you the way, and when your talent is made clear to you, focus on it. Don't listen to people, don't be jealous or depressed. Don't kill the talents of people by expecting all of them to be the same. The father cannot expect the son to be like him. Also don't kill your own talent by trying to imitate others. Everyone is good by themselves.

